

WHWR Logic Model



To deliver the Organisational Strategic Objective:-
By the end of 2023/24, we will have developed an in house, and outreach age appropriate service for all children & young people.

OVERVIEW

NEEDS

1 in 5 children in UK experience or witness Domestic Violence and abuse, High amount of ACE's, these children higher risk of entering the criminal justice system, 90% of women entering refuge have difficulty managing relationships with their children

GOALS

Early intervention, prevent, reduce risk of children entering the cjs in the future, and Improve family relationships to create a supportive home

OUTCOMES - THE POWER TO CHANGE.

ACTIVITIES Bespoke activities dependent on needs and issues, Safety plans, build skills, encouragement, empathy respect, increased access to community resources & opportunities. Increased social support and community connections.

INPUTS Staff with the experience and expertise in managing high risk cases

OUTPUTS 100 to 125 children per annum, circa 1000 to 2000 on and off site sessions

1. Goals

The Broader Social Change

Prevent abused children between the ages of 6 to 18 years of age becoming involved in future violence

Project

Reducing family conflict and supporting positive interaction in the family in being child and parent centred creating a

Create a Supportive home by improving parent and child relationships

Organisational

Mothers and children will survive and thrive after domestic violence with the long term aim of keeping them safe, building healthy relationships, and preventing further harm to themselves and others.

Develop a skilled team of key workers to deliver an exceptional service

Maximise and improve the purpose built space (Our Space and teenage room) in order to deliver the project

Improved life chances for children moving on from refuge and to continue the good practice and habits learned while staying in refuge

Approach

Through this project, in collaboration with children, mothers, and other organisations we will develop, test and evaluate a project with the specific aim of preventing future violence and abuse which would lead to a young person entering the criminal justice system.

We will help ensure that the quality of our services and activities is as high as possible to help mothers and children overcome PTSD, their challenges in creating a supportive home with a healthy network and community around them.

We will develop new evidenced based social and therapeutic innovations (with an evaluation partner) which will reduce the likelihood of young people committing an act of violence later in life.

The project will test and demonstrate our strengths, unique approaches and challenges to the service delivery (including lack of funding).

We want to transform child services across the DVA sector in Refuge as well as Outreach delivered by the experts to do so.

Our Solution

There is a wide consensus and thought that early intervention (catching upstream) is key to improve life chances of children and young people.

WHWR is one of only a few refuges in the UK with an onsite creche, education and separate teenage centre. Since 2014, in a purpose built refuge the children's programme has supported 600 children and young people either in refuge or outreach.

Anecdotally, we know that our programmes achieve a shift in behaviour because of the way the children behave upon entry and upon exit. The mothers also tell us so, that children are more considerate to them. This project will provide robust evidence and learnings which will and can be evaluated.

We work with 27 organisations through MOU's, collaboration and partnerships. When this is harnessed creates healthy networks and communities to support the programme and the women and children within refuge and when they leave.

2. Intermediate Outcomes -

What children take away

Power to change - Knowing what is right and wrong

Start and continue to recover from PTSD caused by domestic abuse & violence

Created a trusting and supporting network

Improved behaviour problems and self control

Reduced number of physical and emotional altercations with mothers, siblings and other children in refuge, at school and after leaving refuge

Improved self esteem, Reduced anxiety & nervousness

Improved school engagement, attendance, and attainment

Improved attitude and Understanding of what good relationships and Coping mechanisms when under stress

WHWR - develops knowledge and expertise, Increases reputational confidence and reach in partnership working,

3. Activities

1. Create a bespoke journey for each child with the inclusion and input from the child
2. Parental conflict interventions, which are specifically designed to improve relationships between parents (mother) and carers
3. Domestic abuse interventions, which are specifically designed to prevent and reduce harm to adults AND mitigate the impact of exposure to domestic abuse on children
4. Outside activities within the grounds
5. Play therapy in refuge 1:1 and group session
6. Outreach family visits to continue building on good habits
7. Working in unison with schools and pastoral staff to integrate the child in school life in order to build healthy relationships
8. Staff to work together in delivering the project
9. Work with external agencies in collaboration for identified needs under MOU's
10. Develop robust measuring and learning techniques, modules and tools

5. Outputs

Number of Children in Refuge between the ages of 6 and 18 = 50 per annum

Number of Children in Outreach Services = circa 50 per annum

of sessions in refuge per annum 780

group = 260 plus 10 1:1 sessions per week = 520

of sessions in Outreach Services per family = 600 (dependent upon need)

Products - Play therapy equipment

Facilities - in Refuge child centre, teenage activity room, and in home post refuge

4. Inputs - Resources

1. Project direct Staff
 - a. Child Support Lead worker (1) - FTE (37 hours)
 - b. Child support workers (2) - = FTE (37 hours)
2. Performance Monitoring & Reporting
 - a. Data Controller (1) = PTE = 20 hours per week
3. Training
 - a. Mandatory Training (Ie safeguarding)
4. Safeguarding & Compliance
 - a. Ops Manager (1) = 5 hours per week
5. COVID-19 Risk Management - 10 hours per week PTE
 - a. Housekeeping, deep cleaning of child spaces where activities take place
6. OUTREACH - post refuge
 - a. Child support Worker = 37 hours per week (reporting to Child support lead)

6. Enablers (working in a 360 degree environment)

1. Internal

Staff - 360 degree working across three services - Refuge, Child and Outreach, daily and weekly meetings, comms for clients causing concerns, safeguarding and service delivery.

Staff supporting Mother and Child(ren)

2. External

Education - School/Colleges

Social - sports clubs and youth clubs

Case Management - Social services & Police, (28 DVA organisations)

Health - Mental Health, therapist and Psychologists, GP's,

Volunteers - Students

7. Need Evidence

1 in 5 children in the UK are exposed to Domestic Violence

<https://irisi.org/scale-of-dva/>

High amount of adverse child experience (ACE's) https://safelives.org.uk/practice_blog/living-domestic-abuse-ace-adverse-childhood-experience

Children experiencing DVA are more at risk for entering the criminal justice system

<https://s3-eu-west-2.amazonaws.com/victcomm2-prod-storage-119w3o4kq2z48/uploads/2020/03/OVC-Literature-review-2020-1.pdf>

Our experience is that all children over the age of 2 entering our refuge have anti-social behaviour, aggression, are impulsive, have high anxiety levels and fear. Become physically violent when they are unable to articulate their feelings. 80% of children have relationship challenges with their mother. These children can blow hot and cold are volatile, violence and anger are never far from the surface.

We find 90% of mothers have difficulty in managing their relationships with their children and can become distant, watch and do not play or socially interact with their children. <https://journals.sagepub.com/doi/abs/10.1177/1077801218824998> concludes mothers can be distant but little evidence is understood.

Assumptions

1. Behavioural Management activities with specialist child support workers will change children's attitudes and behaviours in developing coping mechanisms to reduce and prevent violence and reducing the possibility of the child entering the criminal justice system.
2. Relationships building activities to overcome their problems will develop meaningful relationships and develop a supportive home environment wherever this may be.
3. Play therapy activities will help a child overcome the loss of a parent, their anger and behavioural issues, build empathy and reduce violence and anger outbursts
4. The project will deliver evidence based research, learnings and outcomes giving future children entering the refuge improved outcomes
5. Children's school attendance and grades will improve, as well as help build relationships with trusted adults and peers which improves their life chances and help them build health networks and community.
6. The project will reduce criminal activities (founded) of the family as a whole and prevent the family involvement in crime and violence in and beyond refuge
7. Children will go on to develop healthy relationships as neither victim or perpetrator.
8. Outreach services will reduce a child to regress to old ways and continue to create good habits.